








Plumas Lake Elementary School District

JANUARY 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Questions or concerns, Contact Nutrition Services (530) 743-4428 x770 or mdelong@plUSD.org</p>					<p style="text-align: right;">1</p> <p style="text-align: center;">NO SCHOOL</p>	<p style="text-align: right;">2</p> 
<p style="text-align: center;">3</p> 	<p style="text-align: center;">4</p> <p style="text-align: center;">NO SCHOOL</p>	<p style="text-align: center;">5</p> <p>Breakfast Strawberry Yogurt & Chocolate Elf Graham Blueberries 1% White Milk</p> <p>Lunch Walking Tacos Black Beans Salsa Mixed Fruit Cup Non Fat Chocolate Milk</p>	<p style="text-align: center;">6</p> <p>Breakfast French Toast Sticks Apricot Cup 1% White Milk</p> <p>Lunch Chicken Nuggets BBQ Sauce Corn Gala Apple Cheez Its Non Fat Chocolate Milk</p>	<p style="text-align: center;">7</p> <p>Breakfast Hot Oatmeal Raisins 1% White Milk</p> <p>Lunch Grilled Cheese French Fries Applesauce Cup Fruit by the Foot Non Fat Chocolate Milk</p>	<p style="text-align: center;">8</p> <p>Breakfast Mini Maple Pancakes Mixed Berry Cup 1% White Milk</p> <p>Lunch Ham & Cheese Hoagie Broccoli Florets Pear Cup Chips Non Fat Chocolate Milk</p>	<p style="text-align: center;">9</p> <p>Breakfast Everything Bagel w/ Cream Cheese Orange Juice 1% White Milk</p> <p>Lunch Chicken Sandwich Celery Sticks Dried Cranberries Ranch Dressing 1% White Milk</p>

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<p>10</p> 	<p>11</p> <p>Breakfast Apple Breakfast Bites Cup of Peaches 1% White Milk</p> <p>Lunch Popcorn Chicken BBQ Sauce Corn Red Apple Cheez Its 1% White Milk</p>	<p>12</p> <p>Breakfast Jumbo Waffles Fresh Pear 1% White Milk</p> <p>Lunch Chicken Tamale w/ Green Sauce Pinto Beans Salsa Mixed Fruit Cup Non Fat Chocolate Milk</p>	<p>13</p> <p>Breakfast Strawberry Pop Tarts Banana 1% White Milk</p> <p>Lunch Grilled Cheese French Fries Applesauce Cup Fruit by the Foot Non Fat Chocolate Milk</p>	<p>14</p> <p>Breakfast Hot Oatmeal Apricot Cup 1% White Milk</p> <p>Lunch Cheesy Pull Aparts Marinara Sauce Baby Carrots Fresh Orange Non Fat Chocolate Milk</p>	<p>15</p> <p>Breakfast Mini Cinnis Banana 1% White Milk</p> <p>Lunch Wild Mike's Pepperoni Pizza Broccoli Florets Pear Cup Ranch Dressing Chocolate Chip Cookie Non Fat Chocolate Milk</p>	<p>16</p> <p>Breakfast Buttermilk Bar Orange Juice 1% White Milk</p> <p>Lunch Bean & Cheese Burrito Celery Sticks Dried Cranberries 1% White Milk</p>
<p>17</p> 	<p>NO SCHOOL 18</p> <p>Breakfast Bagelful Cup of Peaches 1% White Milk</p> <p>Lunch Mini Corn Dogs Peas Red Apple Pudding Cup 1% White Milk</p>	<p>19</p> <p>Breakfast Strawberry Yogurt & Chocolate Elf Graham Blueberries 1% White Milk</p> <p>Lunch Walking Tacos Black Beans Salsa Mixed Fruit Cup Non Fat Chocolate Milk</p>	<p>20</p> <p>Breakfast French Toast Sticks Apricot Cup 1% White Milk</p> <p>Lunch Chicken Nuggets BBQ Sauce Corn Gala Apple Cheez Its Non Fat Chocolate Milk</p>	<p>21</p> <p>Breakfast Cereal Raisins 1% White Milk</p> <p>Lunch Mini Twin Cheese Burgers French Fries Applesauce Cup Fruit by the Foot Non Fat Chocolate Milk</p>	<p>22</p> <p>Breakfast Mini Maple Pancakes Mixed Berry Cup 1% White Milk</p> <p>Lunch Ham & Cheese Hoagie Broccoli Florets Pear Cup Chips Non Fat Chocolate Milk</p>	<p>23</p> <p>Breakfast Everything Bagel w/ Cream Cheese Orange Juice 1% White Milk</p> <p>Lunch Chicken Sandwich Celery Sticks Dried Cranberries Ranch Cup 1% White Milk</p>
<p>24</p> 	<p>25</p> <p>Breakfast Apple Breakfast Bites Cup of Peaches 1% White Milk</p> <p>Lunch Popcorn Chicken BBQ Sauce Corn Red Apple Cheez Its 1% White Milk</p>	<p>26</p> <p>Breakfast Jumbo Waffles Pear 1% White Milk</p> <p>Lunch Chicken Tamale w/ Green Sauce Pinto Beans Salsa Mixed Fruit Cup Non Fat Chocolate Milk</p>	<p>27</p> <p>Breakfast Strawberry Pop Tarts Banana 1% White Milk</p> <p>Lunch Grilled Cheese French Fries Applesauce Cup Fruit by the Foot Non Fat Chocolate Milk</p>	<p>28</p> <p>Breakfast Hot Oatmeal Apricot Cup 1% White Milk</p> <p>Lunch Cheesy Pull Aparts Marinara Sauce Baby Carrots Fresh Orange Non Fat Chocolate Milk</p>	<p>29</p> <p>Breakfast Mini Cinnis Banana 1% White Milk</p> <p>Lunch Wild Mike's Pepperoni Pizza Broccoli Florets Pear Cup Ranch Dressing Chocolate Chip Cookie Non Fat Chocolate Milk</p>	<p>30</p> <p>Breakfast Buttermilk Bar Orange Juice 1% White Milk</p> <p>Lunch Bean & Cheese Burrito Celery Sticks Dried Cranberries 1% White Milk</p>
<p>31</p>						

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